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### A Thorny Issue?



Recently, cyber bullying becomes a grave and worrying problem. Parents and teachers always pay close attention to this phenomenon. Although all of us want to resolve this problem, why don't we find out the reasons first?



There are a lot of incidents of cyber bullying. Yet the most serious one is threatening others in the Internet. The definition of this problem is people who intimidate others or spread rumor in order to devastate others' reputation. Actually, there are other types of cyber bullying, for example, photo bullying or cyber theft.



Of course, this case can be attributed to several reasons. First of all, teenagers lack parental guidance. Nowadays, the pace of living in Hong Kong is very rapid, money is the essential thing of living. Parents always try their best to earn as much as money possible in order to satisfy their children's materialistic pursuit and fulfill their dream, such as studying in one of the universities in Hong Kong or overseas. Parents working from dawn to dusk, feel exhausted after working, they just ask their kids some questions about academic result, and then go to sleep. Students may reckon that parents don't care them anymore and therefore students will send some unpleasant messages to others with a view to attracting others' attention.



Furthermore, another reason is that they are introverted and lonely. Many teenagers are not satisfied with their appearance, they are not confident enough.



Also, they are afraid of peers. Some of the classmates will taunt them, this action will devastate their self-image and they consequently hide





themselves. Not only peer pressure, poor inter-personal skills is the reason. Some of the students are bankrupt of inter-personal skills. They don't know how to meet more friends and reveal their characteristics to others. Therefore they give up and later hide themselves in real life. They want to release the pressure and dismay in their life through bullying others on the Internet.

Undoubtedly, educationists are bound and determined to ameliorate students' interpersonal relationship. Teachers can hold talks which are about how to improve inter-personal skills and boost confidence, with a view to crating their self-image, therefore they can meet more friends and they will not bully others anymore. As a result, students can get on with their classmates well and this social phenomenon will disappear gradually.

Moreover, teachers can establish some school caring clubs, such as Sunshine and care club, senior form students can care these students more. Senior form students can talk with them and play some games with them regularly in order to socialize these students and foster the relationship between senior students and these students. School caring club not only can restore students' self-image, but can provide an opportunity for students to care and encourage other loveless students. Consequently, teenagers will not bully others anymore, cyber bullying will decrease bit by bit.

In conclusion, being bankrupt of love and lesser self-image are the causes of cyber bullying, I hope students who are bullying others can rebuild their self-image and confidence rapidly, so that cyber bullying will vanish very soon.

